This partial bibliography of studies is provided for informational purposes only. It should not be considered to replace medical advice from your physician, nor should it be considered as a list of every existing study on this topic. The ANR Foundation is unable to provide copies of any of the studies. Links to either the study’s abstract or full text are provided when available. The citations referenced below are presented without comment regarding the source, including any potential conflict of interest. Due diligence is recommended in researching the source of any given study before relying on its conclusions.


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